



The Mater Health and Wellness clinic is proud to partner with Emily Foord Kindergarten in Stafford and offer occupational therapy services to families on the north side of Brisbane. Sarah Cavallaro, Senior Occupational Therapist, will be based out of the kindy once a fortnight on a Wednesday during term time.

Services offered include:

- One on one assessment and intervention/treatment sessions
- OT groups
 - o Term 2: Calm Kids
 - o Term 3: Fine motor skills
 - o Term 4: School readiness

Some signs that your child may benefit from occupational therapy include:

- Trouble with functional fine motor skills (e.g. using cutlery, doing up buttons/zippers) or functional gross motor skills (skipping, climbing, riding a bike)
- Inconsistent pencil/scissors grasp beyond the middle of the year before prep
- Aversions to or seeking out of sensory information (e.g. mouthing objects, fussy eating, difficulty tolerating messy play)
- Poor attention or concentration (including the ability to sit still at mat-time or at the desk for short periods)
- Reduced ability to self-regulate emotions (e.g. meltdowns, gets upset easily)
- Difficulty making/keeping friends

If you would like to make an appointment to see Sarah, please phone 3163 6000 to connect to paediatric allied health reception.

Sarah Cavallaro

**Senior Occupational Therapist Health and Wellness Clinic
Mater Health Services**

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